WHAT IS

Assisted Outpatient Treatment?

Assisted Outpatient Treatment (AOT) is a court order that engages people in community-based mental health treatment services.

How PRA Can Help

Policy Research Associates (PRA) provides **customized evaluation support and technical assistance** to AOT programs.

PRA BRINGS:

- **Experience** from the first U.S. outpatient commitment evaluation.
- **Leadership** in national projects, including SAMHSA's AOT Grant Program.
- **Expertise** in policy design, outcome evaluation, and service recommendations.

Learn more at prainc.com

PRA
POLICY RESEARCH ASSOCIATES

— Why It Matters —

AOT helps reduce hospitalizations, arrests, and crises while promoting safer transitions and long-term stability.

— How It Works —

Judges order treatment to help people remain safely in their communities. Plans are **personalized** and **coordinated** through a care team. Services can include:

- Job training
- Therapy sessions
- Case management
- Substance use treatment
- Medication management

— Two Types of AOT —

STEP UP | For **people in the community** who need **more support.**

STEP DOWN | For **people leaving the hospital** who need **continued care.**

— What's New Nationally? —

A 2025 **Executive Order** urged agencies to **expand AOT training** and **prioritize AOT funding**.