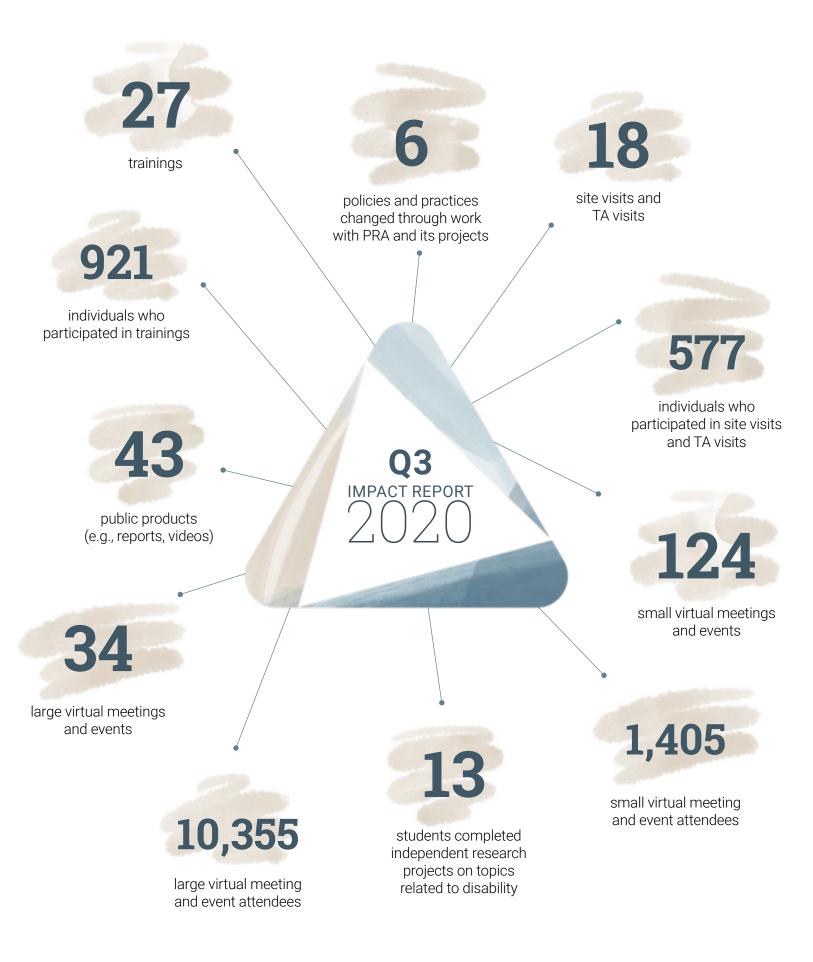


POLICY RESEARCH ASSOCIATES, INC.

IMPACT REPORT

QUARTER THREE (JULY TO SEPTEMBER)



2020 Quarter 3 Highlights



Virtual Policy Academies to Prevent Suicide among Service Members, Veterans, and their Families

In August 2020, the U.S. Department of Veterans Affairs and the Substance Abuse and Mental Health Services Administration (SAMHSA) hosted two virtual Governor's Challenge Policy Academies. SAMHSA's Service Members, Veterans, and their Families (SMVF) Technical Assistance Center facilitated both meetings. Seven state teams—Illinois, Kentucky, New York, Rhode Island, Tennessee, Washington, and Wisconsin—attended the first meeting, held August 4–6, 2020, and seven state teams—Alabama, Maryland, Michigan, Minnesota, Ohio, South Carolina, and West Virginia—attended the second meeting held August 18–20, 2020. The goal of the Policy Academy process is to strengthen statewide behavioral healthcare systems and suicide prevention services for SMVF through collaboration at the federal, state, and local levels. The virtual Policy Academy meetings facilitated the development of strategic plans informed by plenary sessions, concurrent workshops, and multiple facilitated team work sessions.



SAMHSA's GAINS Center Hosts Four Communities of Practice to Advance Strategic Planning in Local Communities

SAMHSA's GAINS Center for Behavioral Health and Justice Transformation convened Communities of Practice (CoPs) to work intensively with selected communities across four topics: competence to stand trial/competence restoration, equity and inclusion in adult drug courts, using the Sequential Intercept Model to guide medication-assisted treatment implementation in adult drug courts, and improving recovery support services for people with substance use disorders returning from jail or prison. Communities for each CoP were selected through a competitive solicitation process. Through virtual meetings, strategic planning sessions, and direct technical assistance from subject-matter experts, each participating community developed strategic plans to address the issue of focus in their community by using promising, best, and evidence-based practices.



PRA Well-Being Releases Take Charge! Workbook

PRA Well-Being has released a new addition to its product portfolio, <u>Take Charge! A Workbook to Enhance Well-Being With the Eight Dimensions of Wellness</u>. This workbook offers users a self-paced, guided exploration of each of the Eight Dimensions of Wellness. *Take Charge!* contains information, ideas, and strategies for promoting both prevention and recovery and is appropriate for both individuals and behavioral health organizations. With space for responding to written prompts and even coloring, the workbook provides users with the opportunity to get curious about their strengths and barriers and create action plans for improving personal well-being.