

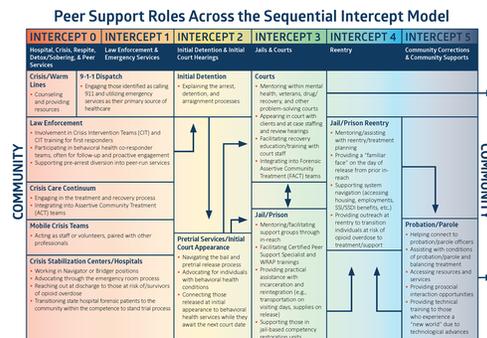


## New Release: Peer Support Roles Across the Sequential Intercept Model

Policy Research Associates, Inc. is pleased to release a new tool to the field, *Peer Support Roles Across the Sequential Intercept Model*. This two-page tool provides an overview of how people with lived experience, or peers, can provide support to individuals in contact with the criminal justice system at each intercept of the [Sequential Intercept Model](#).

There is substantial and growing evidence that engaging peers leads to better behavioral health and criminal justice outcomes. Peers are commonly found working in the community or with service providers, and stakeholders should consider how peers can be best effective within the criminal justice system. This two-page resource was designed to identify a host of roles that peers can play, both as staff and volunteers, across the Sequential Intercept Model. In addition to the broad outline, local examples are provided to highlight peers who are working with law enforcement, courts and attorneys, jails and prisons, reentry services, and community corrections across the United States.

Interested in learning how to incorporate peer services into your criminal justice program? Read the [City and County Leadership to Reduce the Use of Jails: Engaging Peers in Jail Use Reduction Strategies](#) brief, co-authored by the National League of Cities and Policy



Research, Inc. This brief highlights policy and funding opportunities city and county leaders can explore to use peer support as part of their continuum of care and in justice-related interventions.

Download the Tool

## Making the Workplace Whole: Meeting Basic Human Needs



*By Sara Martin, Interim CEO, Wellness Council of America (WELCOA)*

Living during and through a global pandemic has raised some critical questions about what it means to be truly well. If you think about the workplace as a microcosm of bigger, broader issues, there is a lot to learn from the different ways that people are thriving—or not thriving—in the greater society. From access to proper care to social connection, and from resources for healthy living to basic physical safety, there are many factors that have proven to support the well-being of people who have their needs met. Limited availability of these factors continues to prove detrimental for those who do not have these needs met. Yet, **these are basic human needs.**

Employee well-being is taking center stage more than it ever has before. The most human-centered organizations are thinking about whether you, as an employee, feel taken care of and safe. Do you feel your organization cares about your needs and safety during this pandemic? If not, are you able to be well in spite of your company's efforts? If you are in the physical or emotional trenches because of your job, it would be very difficult to get your basic needs met if your employer is doing little to help. Where we work has an impact on our well-being, and there is a responsibility for employers to help support employees.

Now more than ever, it is important to think about how we can begin making the workplace whole, starting with the human. To make the workplace whole, and a space that supports employees as whole people, it can be best to drill down to the basics.

## Mentally Healthy Workplaces Podcast Series: New Horizons for Mental Health

PRA Well-Being is pleased to announce the third episode in a four-part podcast series from PRA and WELCOA on mentally healthy workplaces. In *New Horizons for Mental Health: Resiliency, Burnout, and the Mind-Body Connection*, PRA's Dr. Crystal L. Brandow is back with WELCOA's Ryan Picarella to discuss the mind-body connection and the impact of stress on our brains and bodies. In a conversation about the signs and sources of stress and burnout, four preventative wellness strategies are detailed. This podcast dives into important topics for employers to understand related to mental health and resiliency.



This episode is now available on [iTunes](#), [Stitcher](#), and [SoundCloud](#)! A transcript of the episode is also available. To learn more about WELCOA, visit [www.welcoa.org](http://www.welcoa.org). For access to PRA's workplace wellness resources, visit [www.prainc.com](http://www.prainc.com).

[Listen to the Podcast](#)

## Upcoming Webinars

### *Finding Work: Facing Trauma and Unemployment Post Incarceration*

**Policy Research, Inc. Webinar via the MacArthur Foundation's Safety and Justice Challenge**

*August 27, 2020, 1:30 p.m. ET*

Register to learn about the substantial added difficulty people now face post incarceration in finding and maintaining work in the wake of COVID-19, and the impact that chronic unemployment has on families and communities.

### *CIT ECHO: Sustained Mental Health Training and Consultation to Law Enforcement, First Responders, and Behavioral Health Partners*

**SAMHSA's GAINS Center Virtual Learning Community**

*August 27, 2020, 3:00 p.m.*

This webinar will highlight the University of New Mexico's Crisis Intervention Team Extension for Community Healthcare Outcomes (ECHO) program. Immediately following

the webinar, there will be a [60-minute open-format discussion group](#) for webinar participants to take a deeper dive into the material and present questions to the speakers.

## [Implementing a Peer Mentor Program: Strategies for Engaging Peer Recovery Support Specialists in Adult Treatment Courts](#)

### **SAMHSA's GAINS Center Webinar**

*August 31, 2020, 12:30 p.m.*

This webinar will cover strategies to engage peer recovery support specialists in adult treatment courts to support people with substance use disorders and co-occurring mental disorders.

## [Understanding and Addressing Criminal Thinking](#)

### **SAMHSA's GAINS Center Webinar**

*September 1, 2020, 2:00 p.m. ET*

This webinar introduces the concept of criminal thinking as a means of describing, understanding, assessing, and changing criminal behavior. Participants will be introduced to emerging cognitive-behavioral interventions for criminal thinking.

## Recent Stories From the PRA Blog



*2019 Year in Review*

### **Black Mental Health**

Q&A With Gordon Hakim Collier, LMSW



*Black Mental Health: Q&A With Gordon Hakim Collier, LMSW*



*Where My Journey to Anti-Racism Began | The College Years*

### **The Fredericksburg Slave Auction Block**

*The Fredericksburg Slave Auction Block*



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