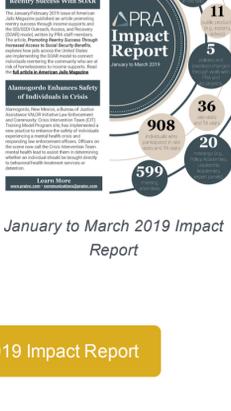




PRA Impact Report: January to March 2019

To highlight PRA's impact in the field, we quantify our reach across all projects and share it with you quarterly. Our latest impact report highlights work completed from January to March 2019 and contains both quantitative and qualitative measures. During the first quarter of 2019, we took over 60 trips to 29 states; hosted 2 Policy Academies, 2 Leadership Academies, and 1 Behavioral Health Meeting; and connected with 3,736 people through virtual events.

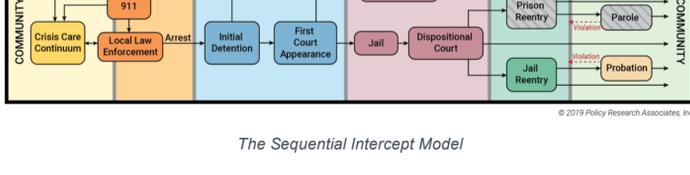
In this report, you'll read about the launch of our [well-being resources page](#), the publication of a new article highlighting the use of SOAR among justice-involved people, and a practice change implemented in Alamogordo, New Mexico to enhance the safety of people in crisis.



January to March 2019 Impact Report

[Download the January to March 2019 Impact Report](#)

New Microsite Helps Jurisdictions Maximize Impact of SIM Mapping Workshop



The Sequential Intercept Model

Many jurisdictions have completed a [Sequential Intercept Model \(SIM\) Mapping Workshop](#) through PRA and its projects to inform community-based responses to the involvement of people with mental and substance use disorders in the criminal justice system. The culmination of the mapping process is the creation of a local action plan based on the gaps, resources, and priorities identified by community stakeholders. While communities see immediate benefits from a SIM Mapping Workshop through increased stakeholder communication and collaboration, some sites have sought additional guidance on short- and long-term next steps.

To meet this need, PRA has developed the **SIM: Next Steps** webpage as a resource for jurisdictions to maximize their SIM Mapping Workshop. Recommended next steps include determining where the ongoing work will "live," engaging missing stakeholders, and planning for sustainability. Check out the new webpage to learn more!

[Maximize the Impact of Your SIM Mapping Workshop](#)

PRA Well-Being Releases Four Fact Sheets

PRA Well-Being is pleased to announce the release of four fact sheets in its new *Tips for Providers* series. The fact sheets highlight how providers can enhance the wellness of individuals with mental health conditions through each of the Eight Dimensions of Wellness. The newly released fact sheets highlight four dimensions of wellness: emotional, environmental, financial, and spiritual.

Each fact sheet examines how that dimension of wellness relates to mental health, strategies to enhance that dimension of wellness, and how each dimension of wellness is related to other dimensions. These new, free resources are now available for download.

Emotional Wellness Fact Sheet

Environmental Wellness Fact Sheet

Financial Wellness Fact Sheet

Spiritual Wellness Fact Sheet

Jen Elder Co-authors APHA Policy Statement on Homelessness

Jen Elder, PRA Senior Project Associate, serves as the Policy Chair for the [American Public Health Association's \(APHA's\) Caucus on Homelessness](#) and was recently named the Caucus Chair-Elect. Through this collaboration, she co-authored [APHA's first policy statement on homelessness in 20 years](#), as well as a Special Commentary that will be published in the [June issue of Medical Care, Housing and Homelessness as a Public Health Issue: Executive Summary of Policy Adopted by the APHA](#).



Jen Elder, PRA Senior Project Associate

The special commentary focuses on key public health concerns resulting from homelessness, as well as APHA's policy priorities in ensuring safe, healthy, and equitable housing for all through supports such as the Housing First model, housing subsidies for low-income families, permanent supportive housing subsidies, and income supports to enhance financial stability. Jen will assume the role of APHA Caucus on Homelessness Chair in November 2019 and serve a minimum 2-year term.

Introducing the New NCYOJ Website

The National Center for Youth Opportunity and Justice (NCYOJ) is excited to announce the launch of its **new website!** The website has been designed to better meet the needs of professionals who work with youth and young adults by bringing the information they need right to their fingertips.

When you visit the new NCYOJ website, you'll find the following:

- **Streamlined Resources:** Access NCYOJ's wide-reaching database of publications, podcasts, videos, and toolkits right on the homepage.
- **Enhanced Trainer Network:** Are you a certified MHT-JJ or CIT-Y trainer? One login will deliver you to all of your training portals, so you can access the training materials you need quickly and easily.
- **Simplified Navigation:** NCYOJ has made it even easier for you to learn about its services, see highlighted projects, and meet NCYOJ staff. Everything you need is just a click away!

[Visit the NCYOJ Website](#)

May is Mental Health Month

Each May, we honor two events, **Mental Health Month** and **Children's Mental Health Awareness Day**, which highlight the need for increased mental health awareness in our communities.

Mental Health Month is an opportunity to raise awareness about the importance of mental health care and to share resources and support to encourage people to seek help when they need it. To recognize the month, PRA staff members shared their answers two questions in a new video:

1. Why does mental health awareness matter?
2. What does mental health awareness look like in your work?

Watch the video below to see our responses!



PRA Celebrates Mental Health Awareness Month 2019

Children's Mental Health Awareness Day shines a national spotlight on the importance of caring for every child's mental health and reinforces that positive mental health is essential to a child's healthy development.

To promote this year's theme, "Suicide Prevention: Strategies that Work," NCYOJ created an infographic that shares strategies for how you can recognize the signs and symptoms of a youth who may be experiencing suicidal thoughts.

Children's Mental Health Awareness Day Infographic

[Download the Infographic](#)

Recent Stories from the PRA Blog

PRA Celebrates Mental Health Month

Mental Health Month: Why It Matters

Children's Mental Health Awareness Day

Gratitude Board



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