

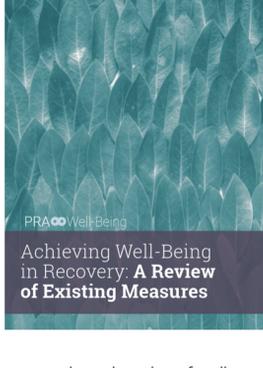


## New Release—Achieving Well-Being in Recovery: A Review of Existing Measures

PRA Well-Being is excited to announce the release of a new publication, *Achieving Well-Being in Recovery: A Review of Existing Measures*. This publication, provided free to the field to advance wellness and well-being work, serves as a compendium of tools and instruments that measure various dimensions of wellness and well-being for individuals with mental health conditions.

*Achieving Well-Being in Recovery* is designed to help those working with individuals who have mental health conditions access tools that measure wellness and/or well-being in order to assess for improvements after participation in a program, intervention, or other treatment. This document provides a snapshot of existing instruments that measure various domains of wellness and well-being, as well as health where it intersects with these wellness domains.

To better serve the field, an emphasis on non-proprietary, public-access instruments exists in this resource. In addition, a section on using public-use data for benchmarking is included to allow providers and organizations to make the most of their local, community data.



[Download Achieving Well-Being in Recovery](#)

Want to view our full suite of well-being resources? Visit our [well-being page](#) to download publications, stream podcasts, and watch videos related to wellness and well-being!

## Applications Open: Mental Health Training for Juvenile Justice



The National Center for Youth Opportunity and Justice is now accepting applications from individuals interested in becoming a certified Mental Health Training for Juvenile Justice (MHT-JJ) trainer. Up to 40 participants will be selected to attend the next MHT-JJ Train-the-Trainer, scheduled for **June 26-28, 2019, in Boston, Massachusetts**. Applications will be accepted through Friday, May 24, 2019.

Developed specifically for juvenile probation, detention, and corrections professionals, the MHT-JJ provides critical information and practical strategies for interacting with youth who are experiencing mental, substance use, and traumatic stress conditions. The MHT-JJ provides research-based instruction that increases juvenile justice practitioner knowledge and develops and enhances skills to support effective and safe interactions with youth.

[Apply to Become a MHT-JJ Trainer](#)

## New PRA Well-Being Podcast: Occupational Wellness

PRA is committed to the well-being and wellness of individuals with behavioral health conditions. To help spread information about the importance of the Eight Dimensions of Wellness in recovery, we created a [podcast series](#) to address each pillar of wellness. We are proud to release our latest podcast on **Occupational Wellness**, now available on [iTunes](#), [Stitcher](#), and [SoundCloud](#)!

In this podcast, members of PRA's Leadership Team talk about what **Occupational Wellness** means to them, and how they foster this dimension of wellness for themselves and the staff they supervise. Suggestions are offered that can translate to any number of workplace environments, including discussions about work-life balance, professional development, employee recognition, and much more! This podcast features PRA President and CEO **Pamela Clark Robbins**, and Program Area Directors **Terri Hay**, **Kristin Lupfer**, **Chan Noether**, and **Lisa Pellitteri**.

To learn more about PRA's work on well-being and wellness, contact us at [wellbeing@prainc.com](mailto:wellbeing@prainc.com).



[Listen to the Occupational Wellness Podcast](#)

## PRI's 2019 MacArthur Safety and Justice Challenge Behavioral Health Meeting Recap

Policy Research, Inc. (PRI; PRA's sister non-profit) provides intensive technical assistance to the John D. and Catherine T. MacArthur Foundation's Safety and Justice Challenge network sites to help these jurisdictions reduce the over-incarceration of individuals with behavioral health disorders. In March 2019, PRI held its 20th Safety and Justice Challenge Meeting in Harris County, Texas, which brought together 20 Safety and Justice Challenge sites to advance their strategies. To celebrate the 2019 Behavioral Health Meeting, we've assembled a brief video recapping the Behavioral Health Meeting and the great work accomplished by the sites in Houston!



## PRA at an Event Near You

### Safety and Justice Challenge Network Meeting

Are you a Safety and Justice Challenge Network member attending the Network Meeting being held May 7 to 9 in San Diego, California? If so, join PRI at the following events:

- Peer Roundtable on Behavioral Health (Wednesday, May 8 | 1:15-2:30 p.m.)
- Creating Housing Opportunities Across the Intercepts, with Senior Project Associates **Regi Huerter** and **Ashley Krider** presenting, in collaboration with the Bazelon Center for Mental Health Law and Milwaukee, Wisconsin (Wednesday, May 8 | 2:45-4:00 p.m.)

### Health Care for the Homeless Conference

Headed to the [2019 National Health Care for the Homeless Conference and Policy Symposium](#) being held May 22 to 25 in Washington, DC? Join PRA at the following sessions:

- Reentry...To What? Using SOAR to Promote Successful Reentry for People with Serious Mental Illness (Thursday, May 23 | 1:00-2:00 p.m. | Latrobe/Bulfinch/Renwick)
- Caucus on Homelessness: HCH Community Engagement Studio (Thursday, May 23 | 2:15-3:45 p.m. | Constitution CDE)

### NSWM 30<sup>th</sup> Annual Management Conference

Are you going to the [Network for Social Work Management's 30<sup>th</sup> Annual Management Conference](#) being held May 29 to June 1 in Chicago, Illinois? Visit PRA and the National Center for Youth Opportunity and Justice at a session exploring our work with the National Institute of Justice!

## Recent Stories from the PRA Blog



*PRA's Travel Hot Spots*



*Writing for Wellness: Financial Wellness*



*Principles of Brain Development Codified in Alaska*



*SOAR 2019 Criminal Justice Technical Assistance Awards*



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