

How Being Trauma-Informed Improves Criminal Justice System Responses to Women and Men with Mental Illness

High percentages of women and men with mental illness have experienced childhood neglect or abuse, sexual assault, and other traumatizing experiences. Trauma can play a significant role in criminal justice involvement and it can challenge a person's capacity for recovery.

This 1-day cross-systems workshop helps local criminal justice services become trauma informed. The first ½ day provides information about trauma and justice-involved women and men with mental illness. The second ½ day gathers key stakeholders to develop an action plan for trauma-informed policies and services.

*Trauma Informed Systems...
promote and support the
recovery of women and men
with serious mental illness
involved with the criminal
justice system.*

■ **Goals**

The primary goals of this workshop are to help criminal justice professionals to

- Understand the impact of trauma on women and men with serious mental illness
- Interact with people in ways that help to engage them in services, keep them out of the criminal justice system, ease processing through the system, and avoid re-traumatizing

■ **Benefits of a Trauma-Informed Staff**

When staff are trauma-informed, it can help to

- Reduce recidivism
- Reduce disciplinary infractions in jail or prison
- Reduce use of seclusion and restraint (and associated injuries to officers, arrestees and inmate)
- Reduce relapse and treatment failure

For information & pricing, contact PRA Training

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